

Describing Feelings



Before beginning this section, review the feelings disappointed, embarrassed, frustrated, proud, surprised, and nervous with the child. Draw pictures of faces with various expressions. Name one of these expressions and have the child identify the feeling by pointing to the correct picture. Have the child make his own faces to reflect these emotions while looking in the mirror.

Directions

1. Photocopy each picture before presenting it to the child.
2. Have the child look at the picture. Read the question at the top of the page and allow the child time to think about and formulate a correct response.
3. Ask the child to draw in the character's mouth after giving a correct response. If the child is unable to draw the mouth, use hand-over-hand guidance to help the child complete the picture. If the child does not provide a correct response, model the appropriate response and repeat the question. In this case, drawing in the mouth serves as a visual prompt.

Example

Stimulus (page 8) →

Luke did a great job on his school project. How does he feel?



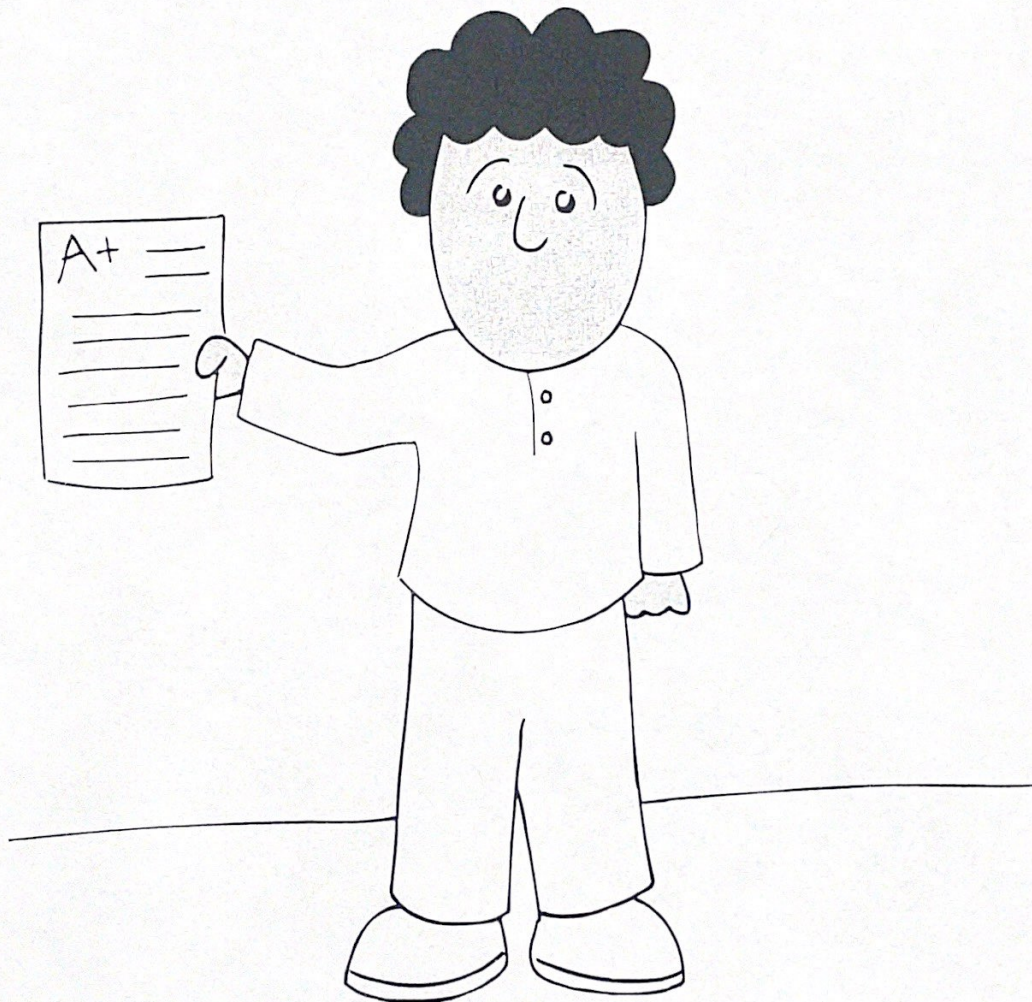
Appropriate Responses

Beginner	Intermediate	Advanced
↓	↓	↓
Single-Word Response	Multiple-Word Response	Complex Utterance
"Proud."	"Boy proud."	"The boy is proud."

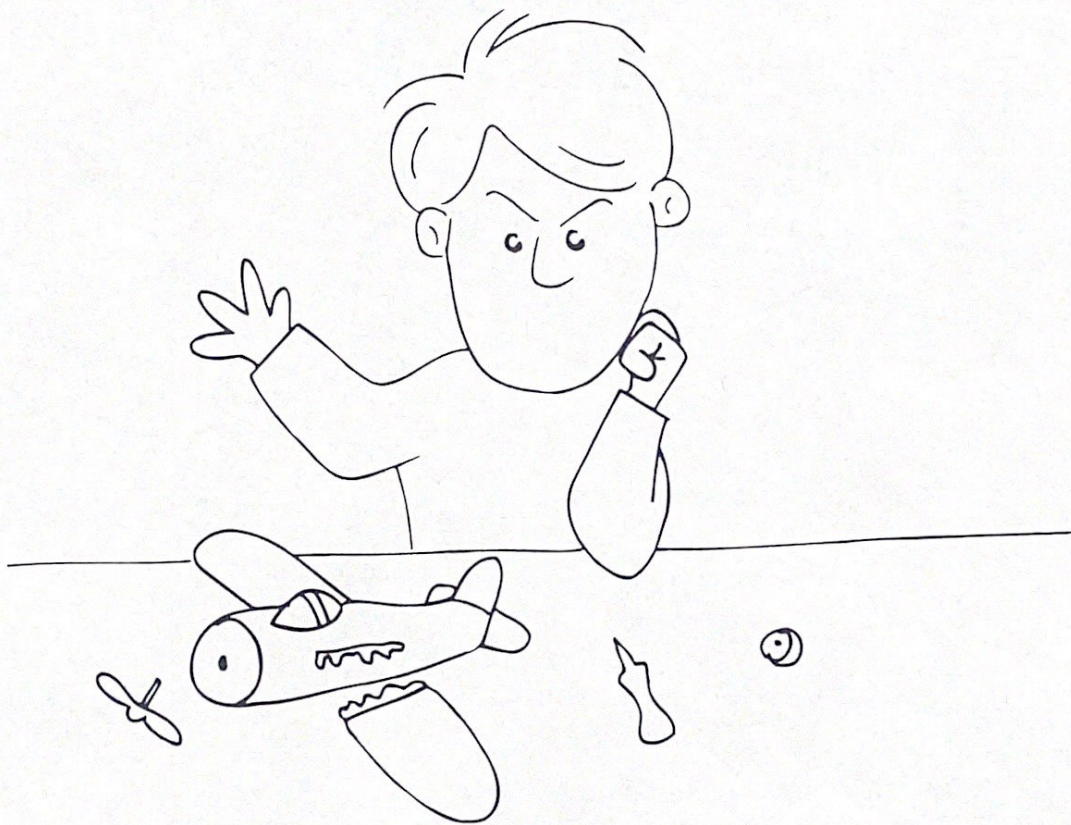
Other Suggestions

- Have the child act out the pictured situation and demonstrate an appropriate response in symbolic play.
- Continue to explore other feelings, such as excited, jealous, and anxious.

Luke did a great job on his school project. How does he feel?



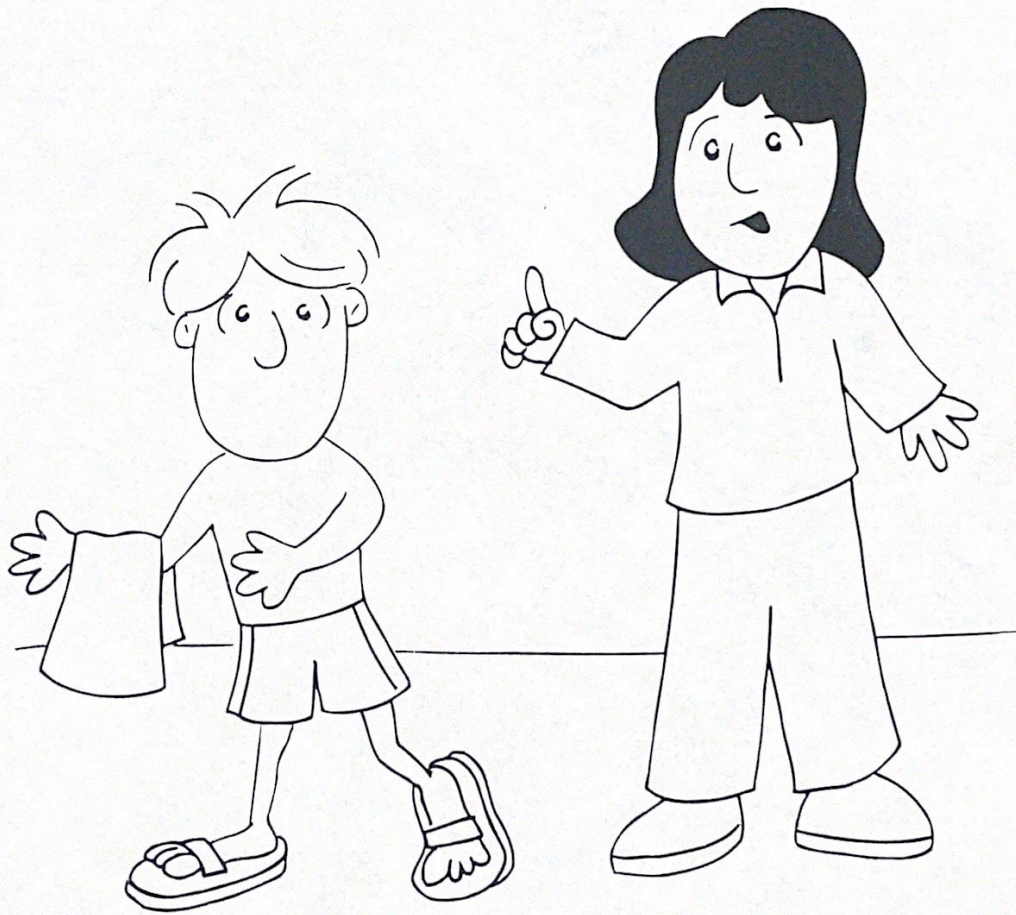
Alex is trying hard to build a model airplane, but it's not staying together. How does he feel?



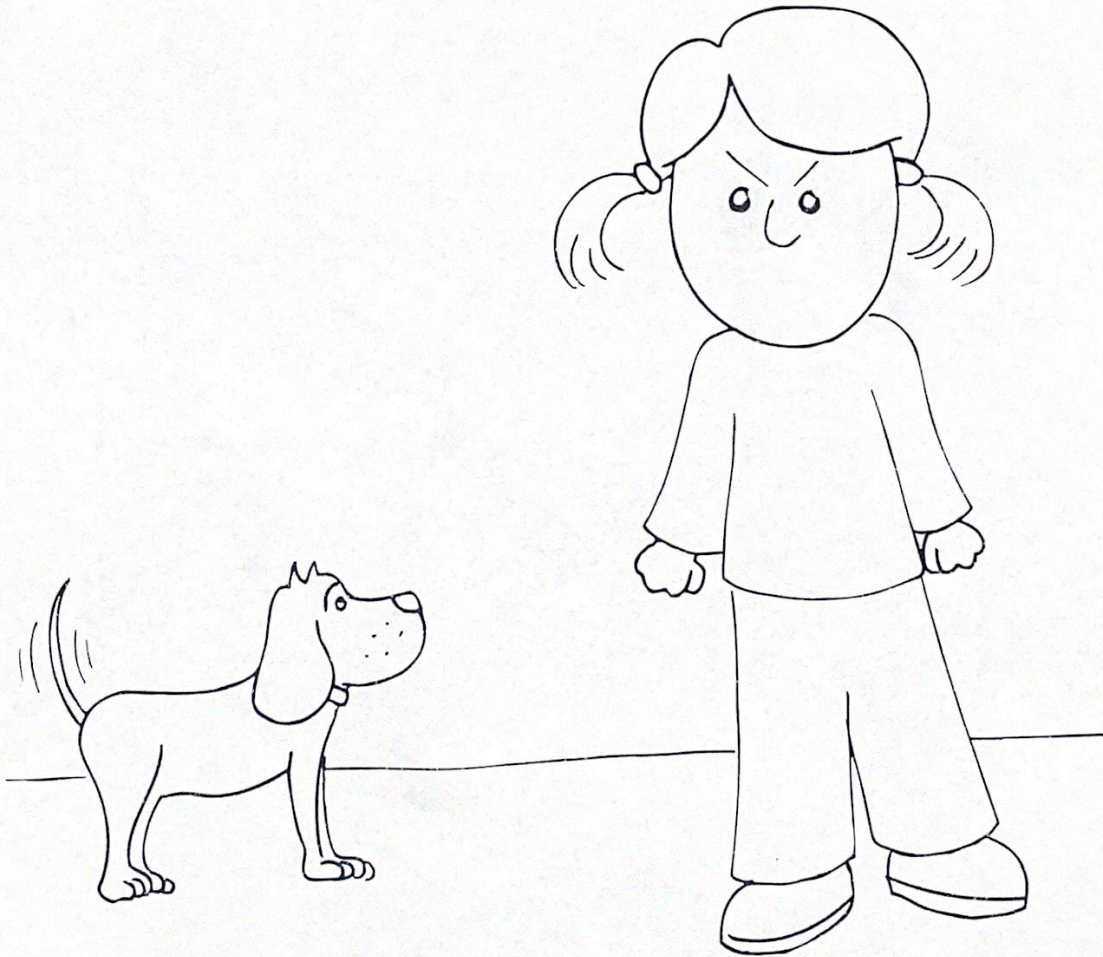
Jenna scored the most runs in a game. How does she feel?



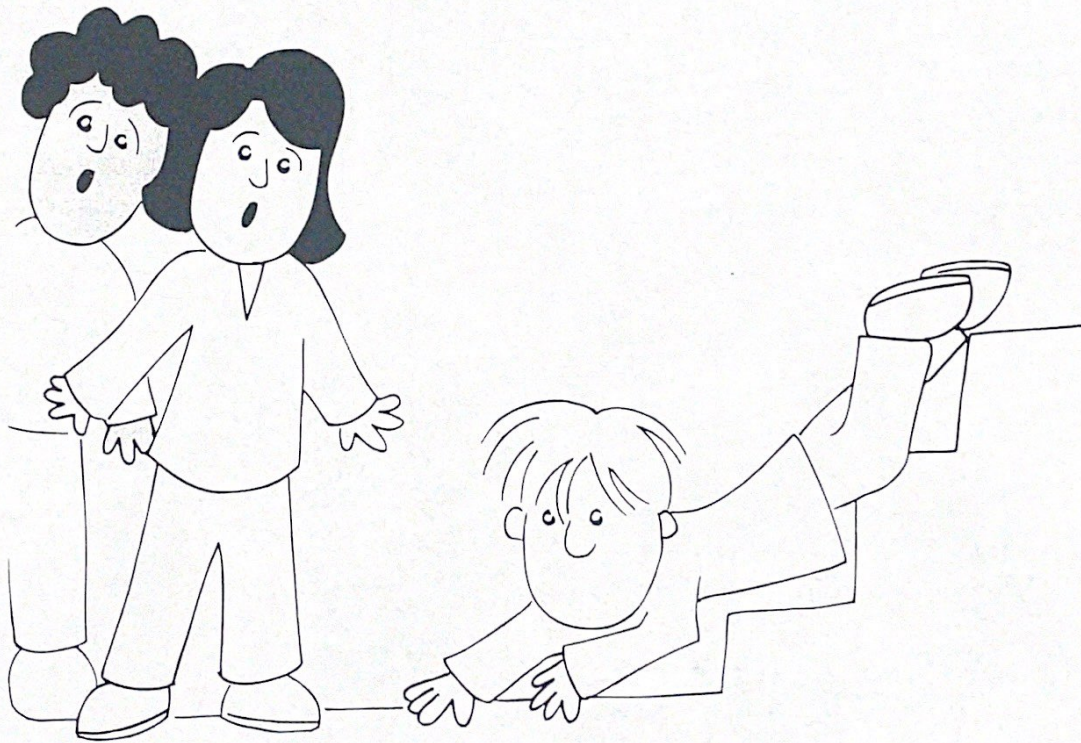
Michael really wants to go swimming, but his mom said it's too cold. How does he feel?



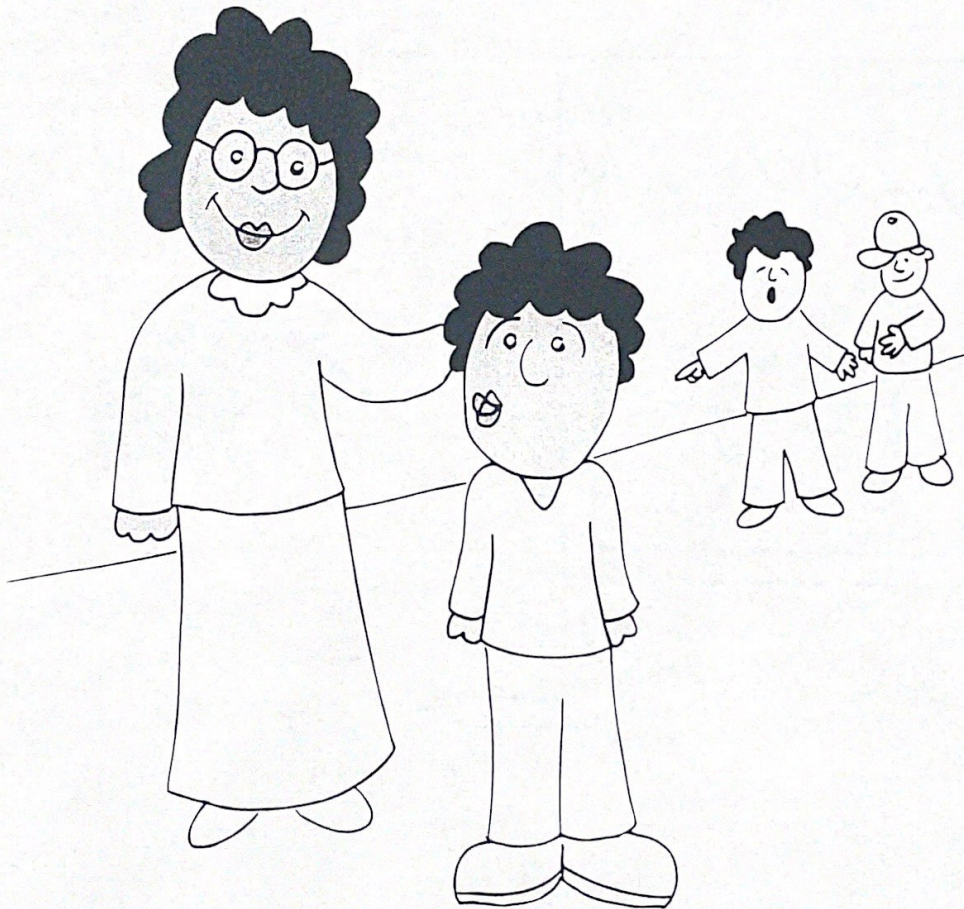
Erin is telling her dog to sit, but he won't listen.
How does she feel?



Seth tripped down the stairs and everyone was looking.
How does he feel?



Tyler's grandmother kissed him in front of all his friends.
How does he feel?



Justin really wants to play outside with his friends,
but he has to do his homework. How does he feel?

