

Easy Beginnings Discussion



What are Easy Beginnings?

Easy Beginnings are starting the first one or two sounds of a word easily and lightly while letting the rest go.

When should you use Easy Beginnings?

Use *Easy Beginnings* at the start of a word after you pause and start again.

Why do Easy Beginnings help?

Easy Beginnings let you start talking smoothly and easily. It helps your *Speech Machine* stay relaxed.

Where can you use Easy Beginnings? Who can you use Easy Beginnings with?

Use *Easy Beginnings* when speaking at home, on the playground, at a restaurant, or anywhere. Use *Easy Beginnings* with your teacher, your parents, a friend, your sister or brother, or anyone.

Eye Contact Discussion



What is Eye Contact?

Eye Contact is looking at another person's face when you are talking or listening.

When should you use Eye Contact?

Use *Eye Contact* when you are talking with smooth or bumpy speech and when you are listening.

Why does Eye Contact help?

Eye Contact makes it easier for others to understand you. It makes you look confident or proud of yourself. *Eye Contact* makes your stutters smaller. It helps the listener know what to do if you get stuck.

Where can you use Eye Contact? Who can you use Eye Contact with?

Use *Eye Contact* when speaking at home, on the playground, at a restaurant, or anywhere. Use *Eye Contact* with your teacher, your parents, a friend, your sister or brother, or anyone.