

Talking Together About Fruit

Today let's have fun talking together about fruit!

What do we need? Real fruit or the pictures of fruit on page 13

What do we do? Get ready to do a finger play with your child.

What do we say? Use slow easy speech while:

Talking Together

Tell your child that you are going to do a finger play with him. Choose the fruit you will be talking about and then begin.

WAY UP IN THE APPLE TREE

Words

Way up in the apple tree
Two little apples smiled at me.
I shook that tree as hard as I could
And down came the apples.
Mmmm, they were good!

Way up in the cherry tree
Two little cherries smiled at me.
I shook that tree as hard as I could
And down came the cherries.
Mmmm, they were good!

Actions

Put your arms over your head.
Make a circle with your fingers.
Shake your hands over your head.
Bring your arms down to your sides.
Rub your stomach.

Put your arms over your head.
Make a circle with your fingers.
Shake your hands over your head.
Bring your arms down to your sides.
Rub your stomach.

Use any of the other fruits that are pictured on page 13 and say the rhyme again.

Repeating

Name each fruit you will be talking about in the rhyme and tell your child to repeat the name. (“[Apple]. You say that.”) Or, if your child is able to repeat a sentence fluently, say the name of a fruit in a simple sentence and have your child repeat the sentence. (“This is an [apple]. You say that.”)

Saying Simple Sentences

Go through the items again. This time, take turns holding up a piece of fruit and asking, “What is this?” Encourage your child to answer with, “This is a _____.”



Describing

Describe a piece of fruit and invite your child to do so too. For instance, you might say, "This is an apple. An apple is round. Tell me about your fruit."

Talking

Talk about the fruit. Talk about where it is grown, whether it grows on a tree or a bush, and how it can be fixed for eating (e.g., put on top of ice cream, made into a pie).

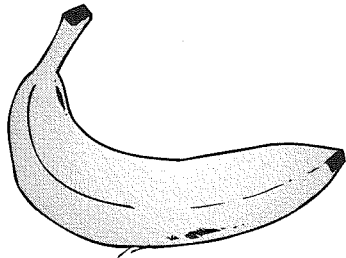
Remember:

- ★ Use slow movements. Don't rush.
- ★ Do not be rigid about the words of the finger play. Accept any easy speech.
- ★ Have fun!
- ★ Concentrate on what your child is saying, not how he's saying it.
- ★ Use slow easy speech when talking.
- ★ Pause often.

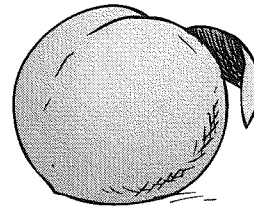


Talking Together About Fruit, *continued*

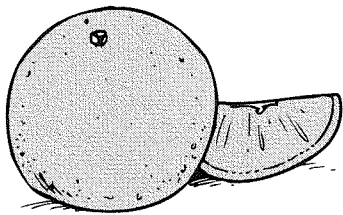
Follow the directions on page 11.



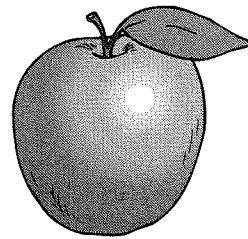
banana



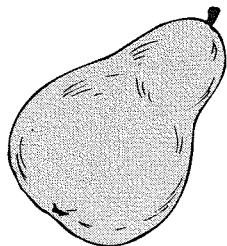
peach



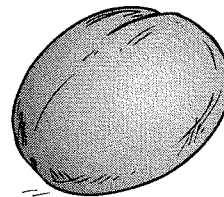
orange



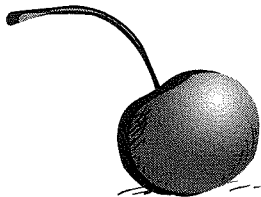
apple



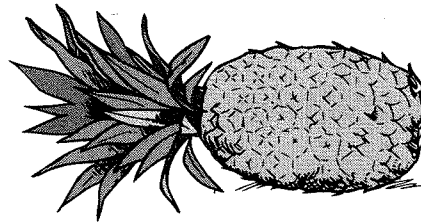
pear



plum



cherry



pineapple

Decorating Cupcakes

Today let's have fun decorating cupcakes!

What do we need? Cupcakes, canned frosting, a butter or plastic knife (not pointed), a spoon, and sprinkles to put on top of the cupcakes

What do we do? Set out the cupcakes. Open the can of frosting. Using the knife, put frosting on the top of each cupcake. Shake sprinkles on the cupcakes.

What do we say? Use slow easy speech while:

Repeating

Before beginning, name the items you need and have your child repeat them. (“[Knife]. You say that.”) Or, if your child is able to repeat a sentence fluently, name the items in simple sentences and have your child repeat the sentences. (“This is a [knife]. You say that.”)

Saying Simple Sentences

Say what you are doing as you decorate. For example, say, “I’m spreading the frosting. Now it’s your turn. What are you doing?”



Describing

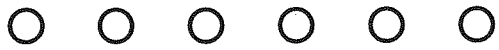
Describe how things look or smell. You might say, “My frosting is sticky. Tell me about your frosting.” or “My hands are messy. How about your hands?”

Talking

Talk about other desserts that you like. Talk about what you will do with the cupcakes when they are done. Have a tea party and eat the cupcakes. Use slow easy speech while you have your tea party. Later in the day, tell someone how you made the cupcakes.

Remember:

- ★ Use slow easy speech.
- ★ Pause often.



Decorating Cupcakes, *continued*

- ★ Don't rush. Move slowly as you frost the cupcakes.
- ★ Have fun, but try not to get your child overly excited.
- ★ Don't become concerned about the mess. Quietly have your child help you clean up when you finish. The time together is more important than the mess!
- ★ The suggestions for what to say are SUGGESTIONS. Be flexible. Use the words that seem natural to you.